



WORKSHEET 1.1: GOAL-SETTING

1. What are two main reasons that you have decided to attend college?

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2. What do you hope to achieve with the help of your college degree?

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*The more actively you think about your goals, the more likely you will be to achieve them. It is important to remind yourself every day about what you are doing and why you are here.*

3. How will each class help support you to get to your goals?

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4. What will you do to achieve EACH goal?

*Remember; write down the specific, active things you'll do to help yourself succeed.*

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