

Tracking success

WORKSHEET 1.2 TRACKING SUCCESS

Check off what you did each week to be a successful student:

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
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In each class...

I did not miss any class						
listened actively by following what the instructor was saying						
I wrote down questions for what I did not understand and asked questions in class						
I wrote down what the instructor stressed as important: what was on the board, important points in lecture						
I understood the lecture and the instructor's emphasis because I came prepared (by reading the assigned material; doing the homework)						
I scheduled time with classmates to discuss course material						

While Studying...

I made a schedule for myself and stuck to my commitment						
I studied for two hours for every hour of class time						
I rewrote and reviewed lecture notes						
While studying, I wrote down questions or comments to bring up in class						
I "previewed" chapters before reading them						
I planned ahead for what I need to do the next day						
I scheduled time for a social life after studying						

Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	Week 14	Week 15
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In each class...

While Studying...
