

# self assessments

## WORKSHEET 1.6.4: SELF-ASSESSMENT

### *Studying Skills II* *How do I study? (Part 11)*

1. Where exactly do I study or do homework? Did I hear any noise (T.V., music, other people) while I worked? Is this study spot a good one? Did I go to the library?

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2. Do I study alone? When I need help, or when I want feedback, who do I ask for help?

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3. Who did I study with this week? What issues came up? How would I benefit from studying with others outside of class? Have I tried it?

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4. What materials do I use to study outside of class?

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5. Do I feel more prepared for the upcoming exams? What changes did I make to improve my study habits?

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